

**Certificate of Achievement  
Massage Therapy**

**MAS.CA**

<b>FIRST SEMESTER</b>			
<b>Course #</b>	<b>Course Name</b>	<b>Credits</b>	<b>Notes</b>
MAS-200	Therapeutic Massage	6	
MAS-205	Environmental Management	1	
MAS-209	Structures & Functions I	4	
MAS-211	Structures & Functions II	2	<b>Co-requisite: MAS-209</b>
HPE-170	First Aid, Safety, Prevention of Injuries	3	
<b>SUMMER SESSION</b>			
MAS-201	Student Massage Clinic	1	<b>Prerequisite: MAS-200</b>
<b>SECOND SEMESTER</b>			
MAS-240	Specialized Massage Techniques	3	<b>Prerequisite: MAS-200; Co-requisite: MAS-209 and MAS-260</b>
MAS-241	Business Management for the Massage Professional	2	
MAS-255	Massage Therapy Integration & Application	3	<b>Prerequisite: MAS-211, MAS-260, MAS 261 Co-requisite: MAS-243</b>
MAS-260	Palpation and Kinesiology for Massage Therapy	3	<b>Prerequisite: MAS-200</b>
MAS-261	Pathology for Massage Therapy	4	<b>Prerequisite: MAS-200 and MAS-209</b>
HPE-106	Stress Management	3	
<b>TOTAL CREDITS</b>		<b>35</b>	

**PROGRAM DESCRIPTION**

Massage therapy is a profession in which the practitioner applies manual techniques with the intention of positively affecting the health and well-being of the client. An increasing body of research shows massage therapy reduces heart rate and can help lower blood pressure. The most common type of massage are Swedish massage, deep-tissue massage, Shiatsu-acupressure, neuromuscular, trigger point and sports massage. This program meets the state of New Jersey requirements for licensure as a message therapist.

**SPECIAL PROGRAM REQUIREMENTS**

- Special lab fees for all MAS courses.
- Special equipment and materials for some MAS courses.

**SPECIAL ADMISSION REQUIREMENT**

Students must be interviewed by the director of Lourdes Institute for Wholistic Studies, for entry into the program (856) 869-3134.

**ACCREDITATION**

This program meets all the standards and requirements of the 504 minimum hours of massage education which will allow the student to become certified and/or licensed by the state of New Jersey, as described by the New Jersey Board of Massage and Somatic Therapies.

**NOTICE**

Clinical placements are a required part of the curriculum and a requirement for graduation. Clinical placements may require a criminal background check, health clearance and/or drug testing before participation is allowed. Clinical sites may deny a student's participation in the event of a positive finding. Individuals who have been convicted of a felony or misdemeanor may be denied certification or licensure as a health professional. Information regarding eligibility may be obtained from the appropriate credentialing body.

MAS courses are restricted to students formally admitted into the Massage Therapy Program.

**CONTACT PERSONS**

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**THIS PROGRAM IS NOT APPROVED FOR FINANCIAL AID**