

Special Interests

Exploring Landscaping and Gardening

Have you always had the desire to create your own landscaping design around your home or just add the right plants or shrubs for color or fragrance enhancement? This class will focus on the most common types of landscaping designs and the proper methods of planting. Topics will include plant families, care of plants, bulbs, vines, color schemes, etc. Students are encouraged to bring a photo or sketch of their property for class discussion in landscaping exploration.

Cost: \$45
CE.ENR 059-51
6 sessions
Blackwood Location
9/9 – 10/14
W, 7-9 p.m.

Introduction to Palmistry

Palmistry has roots in many cultures throughout the world. The palm is full of lines and markings which many believe hold information about your life, your talents, your work, your heart connections, and your health. What does your palm say about you? Experience the art and science and the fun of palmistry. Learn tips for reading of yourself, your boss, your friends. You will learn to read your own story and also observe other people's characteristics at a glance. It's all in the palm. Class includes resources and handouts.

Cost: \$35
CE.ENR 124-51
1 session
Blackwood Campus
11/19
R, 7-9 p.m.

Palmistry II

(prerequisite: Intro to Palmistry)

Apply the science of palmistry a little deeper and discover the health benefits of reading the hands. Explore the idea that palm readings gives cues regarding events and probabilities. Learn how to use information to make changes in your life and to be aware of health or life crisis. Will you travel? How many relationships of quality will you experience? Will you ever write that book? Readings will be done by the teacher and the students. Hand impressions will be inked and class will be guided in these beginning readings.

Cost: \$35
CE.ENR 125-51
1 session
Blackwood Campus
12/3
R, 7-9 p.m.

Palmistry III

(prerequisites: Intro to Palmistry & Palmistry II)

This class will teach you how to use your intuitive talents and your knowledge of the science of palmistry to develop into a novice palmist. Instructor will offer demonstration of palm readings for volunteers from the class.

Cost: \$35
CE.ENR 126-51
1 session
Blackwood Campus
12/10
R, 7-9 p.m.

Feng Shui – Introduction

Each of us is intimately connected to the space we inhabit. Our surroundings affect us more than we realize. Concepts in this class apply to homes, classrooms, and workplaces. Feng Shui is the art of assessing and balancing our environments for the optimal well-being of body, mind and spirit. Gain insight about the energy in your space and how it is affecting you. Learn ways to connect with this

energy and use it to create a welcoming and nurturing place. Learn how to adjust 3 aspects of your environment that have the greatest impact on you. Begin to use the Bagua (map) to correlate your floor plan with areas representing prosperity, relationships, career, family and more. This interactive class provides a practical, modern approach to Feng Shui principles. Instructor: Beverly Borton, certified Feng Shui consultant.

Cost: \$35
CE.ENR 099-51
1 session
Blackwood Campus
9/15
T, 7-9 p.m.

CE.ENR 099-52
1 session
10/6
T, 7-9 p.m.

Feng Shui – Basics

(prerequisite: Feng Shui – Introduction)

The wisdom of Feng Shui can bring change in many positive ways and help you realize your aims in life. Examine structural factors, furniture positions and interior features in your home that have an effect on your physical, mental, and emotional well-being. Gain a deeper understanding of the Bagua (map) and relate it to areas of your home and life. Learn ways to make simple adjustments that can ease and improve the flow of your life in prosperity, relationships, career, family, future, finances, and more. A practical, modern, approach to Feng Shui is emphasized in this interactive class. Instructor: Beverly Borton.

Cost: \$35
CE.ENR 067-51
1 session
Blackwood Campus
9/22
T, 7-9 p.m.

CE.ENR 067-52
1 session
10/13
T, 7-9 p.m.

Feng Shui – Basics and Beyond

(prerequisite: Feng Shui – Basics)

Enjoy new, supportive, delightful surroundings through the ancient wisdom of Feng Shui. Learn how to balance the energy of a space to support healthy interaction among the people living there. Look at constructive/destructive cycles that may be at work in your home, classroom or workplace and be able to adjust them for optimal well-being. This class allows for interaction among participants in sharing experiences with Feng Shui. Instructor: Beverly Borton.

Cost: \$35
CE.ENR 054-51
1 session
Blackwood Campus
9/29
T, 7-9

CE.ENR 054-52
1 session
10/20
T, 7-9 p.m.

Introduction to Self-Hypnosis

Learn how to relax your mind and body through this introduction to the field of self-hypnosis. In a relaxed state, the mind is highly suggestible. This course will teach how to formulate suggestions to help control such things as insomnia, smoking, stress, and weight management. Come join us and learn a skill that will assist you over a lifetime.

Cost: \$55
CE.ENR 037-51
10 sessions
Blackwood Location
9/17 – 11/19
R, 7-9 p.m.

Special Interests

Introduction to Psychic Development

Einstein said that the greatest genius uses about 10% of his or her potential while the rest of us use only about 1-2%. This course will teach easy to learn exercises to develop the ESP within you. Subjects will include telepathy, dreams, universal laws, meditation, hypnosis, reincarnation, psychic healing, auras, and more. Instructor: Thomas Halliwell

Cost: \$55
CE.ENR 010-51
10 sessions

Blackwood Location
9/22 – 11/24
T, 7-9 p.m.

SELF PROTECTION SYSTEM (BASIC & INTERMEDIATE)

Developed before Judo and Aikido in 1825, this System of Self Protection started a new way to protect yourself and avoid the hurting of others. Relying on the natural weapons of the human body to attack and defend, this System includes a specific Development Theory, which ensures the success of the skills. Interested students can begin their study and complete the training, guided by the expertise of a Licensed Teacher - Calvin Lester, Kaicho-Goshinkan. Two classes are provided for training, practicing, and mastery. Please visit Web site, www.goshinryu.net for more information.

Basic Self Protection

Tuition: \$50 plus \$25 materials fee Total Cost: \$75

Blackwood Location

CE.ENR 015-51
15 sessions
10/1 – 11/19
T, R, 7:30-9 p.m.

Camden Campus

CE.ENR 015-81
15 sessions
9/12 – 11/21
S, 9:30-11:30 a.m.

Intermediate Self Protection

For all students who have completed the basic skills and are ready to study the middle and upper level skills.

Tuition: \$50 plus \$25 materials fee Total Cost: \$75

Blackwood Location

CE.ENR 016-51
15 sessions
10/1 – 11/19
T, R, 7:30-10 p.m.

The Stand Up Comedy Workshop

People say "You Are Funny.." Funny How? Like a Clown? .How about like a Stand Up Comedian? Ever wonder how, stand up comics can make a room of people laugh with only a microphone? Always wanted to give it a try, but it seemed too scary? Or perhaps you would you like to improve your confidence, spark your self-esteem, and gain the ability to speak in front of others? In this course, you will learn the secrets that will assist you in the process such as timing, structure, and pace. This workshop is excellent for actors looking to add another craft or people in the professional

workplace who wish to gain public speaking skills as well as people interested in perhaps starting a career in The Art of Stand Up Comedy. Ever wonder why many hosts of award events and TV talk shows are stand up comedians — Letterman, Leno, Ellen DeGeneres, Jamie Foxx, Rosie O'Donnell, Jimmy Kimmel, Jimmy Fallon, Conan O'Brian, John Stewart.. The list goes on. They all have their roots in The Art of Stand Up Comedy. They all have the confidence to deliver a comic monologue, "Own the Room" and "Think on Their Feet." Vince Valentine, Professional Comedian and Star of Broadway's One Person Comedy, "Defending the Caveman" will show you how to write, perform and produce Stand Up Comedy. A book for the course will be recommended for purchase at an additional cost.

Cost: \$85
CE.ENR 004-51
8 sessions

Blackwood Location
10/5 – 11/23
M, 7-9 p.m.

Real Estate Staging

Real estate staging is the art and science of making a home more inviting and appealing to potential buyers to assist in selling in today's challenging market. You will learn the benefits of preparing your home before listing it. Learn coloring, placement, and organization techniques to highlight the best features of your home. A well staged home will sell in the shortest time for the highest price.

Cost: \$25
CE.ENR 148-51
1 session

Blackwood Campus
9/22
T, 6:30-8:30 p.m.

The American Musical

The American Musical will consider classic American musicals from the late nineteenth century to the present. Each class session will focus on at least one musical that exemplifies a particular decade, era or trend. Discussion will consider the artistic merits as well as the social and historical context of each musical. Recommended for both adults and interested high school students. Instructor: Ryan Bunch

Cost: \$240
CE.ENR150-51
10 sessions

Blackwood Campus
9/23 – 12/2
W, 6:30-8:30 p.m.

Group Voice Lessons

This eight session class will offer voice lessons to individuals in a group setting. Classes are taught by qualified instructors of the Mainstage Center for the Arts.

Cost: \$150
CE.ENR 145-51
8 sessions

Blackwood Campus

Private Voice Lessons

See ad on page 71 for information.